

PE @ Raughton Head Church of England Primary School and Nursery

'With long life I will satisfy him and show him my salvation.' Psalm 91:16

Intent

At our school we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development.

We offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through an inspirational, unique and fully inclusive PE curriculum. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively to achieve their personal goals. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and using the medium of sport to increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience.

The aim of Physical Education is to promote physical activity and healthy lifestyles. Children are taught to observe and produce the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Thus, embedding life-long values such as co-operation, collaboration and equity of play.

Implementation

We provide opportunities for children to learn how to stay safe by starting swimming lessons in Reception and continuing until children have become confident in the water, knowing how to keep safe and also meet the National Curriculum requirements of swimming 25m by the end of Year 6.

Our PE Curriculum, along with PSHE and science, teaches children about the importance of healthy living and learning about the need for good nutrition. PE has been carefully planned out to adapt to the mixed age classes in which we teach, ensuring that knowledge and skills are built on regardless of the age of individuals.

We encourage the children to take part in both inter and intra competitive sport competitions, including some of our children taking part in the Cumbria Games. We offer extra-curricular clubs in tennis, cricket and general sport, delivered by coaches to enhance the sport offer at the school. Each year, Year 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports Day and any other sporting activities.

We use Sports Premium to maximise the opportunities for children to participate in physical activity and to enhance our space and equipment on offer. Our great outdoor space allows us to take part in national initiatives such as, The 100 Mile Challenge and enjoy more localised sports such as orienteering and cross country. Links with local clubs, Caldbeck Cricket Club and Dalston Tennis Club encourages children to participate in sports beyond that of the school day.

Impact

Pupils are assessed against the performance descriptors for each year group which have been carefully mapped out. Our curriculum meets the needs of all our children, including our disadvantaged pupils and those with SEND. We measure our children against their starting points and evidence of such learning is on a whole school tracker. More importantly, children talk positively about their experiences of PE and all children are healthy and active. Expenditure of the sports grant is carefully monitored and the recommended template is regularly reviewed and published on our website.