



Raughton Head CE Primary School - Physical Education Curriculum Yearly Overview

2023-24	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 (EYFS/Year 1)	Modified team games, hand/eye coordination Basketball	ABC's in isolation and combination Fundamentals of movement and multiskills	Agility, balance & coordination, movement patterns Dance, movement through music and gymnastics	Dynamic movement involving team games Dodgeball/Benchball	Dynamic movement through modified games Football	Developing power & speed Athletics/Bat and ball games
Class 2 (Year 2/Year 3)	Modified team games, hand/eye coordination Basketball	Modified games, attacking & defending Basic tag rugby	ABC's in isolation & combination Basic dance, movement through music & gymnastics	Evaluating & recognising success through team games Basic dodgeball/Benchball	Dynamic movement through modified games Football skills	Developing flexibility, speed, strength, power, technique, control & balance Athletics/Bat and ball games
Class 3 (Year 4/5/6)	Modified team games, hand/eye coordination Basketball	Modified games, attacking & defending Tag rugby	ABC's in isolation & combination Dance, movement through music & gymnastics	Evaluating & recognising success through team games Dodgeball/Benchball	Dynamic movement through modified games Football	Developing flexibility, speed, strength, power, technique, control & balance Athletics/Bat and ball games