



Raughton Head CE Primary School - Physical Education Curriculum Yearly Overview 2025-26

2025-26	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 (EYFS/Year 1)	Modified team games, hand/eye coordination Tag games Balanceability	ABC's in isolation and combination Fundamentals of movement and multiskills Balanceability	Agility, balance & coordination, movement patterns Dance, movement through music and gymnastics Balanceability	Dynamic movement involving team games Basic Basketball Balanceability	Dynamic movement through modified games Football Swimming Balanceability	Developing power & speed Athletics/Bat and ball games Balanceability
Class 2 (Year 2/3)	Modified team games, hand/eye coordination Tag Rugby Swimming	Modified games, attacking & defending Benchball/Handball Tennis	ABC's in isolation & combination Basic dance, movement through music & gymnastics Trampolining/gymnastics	Evaluating & recognising success through team games Basketball Netball	Dynamic movement through modified games Football skills Athletics Cricket/Hockey	Developing flexibility, speed, strength, power, technique, control & balance Athletics/Bat and ball games Rounders
Class 3 (Year 4/5/6)	Modified team games, hand/eye coordination Tag Rugby Swimming	Modified games, attacking & defending Handball/Benchball Basketball	ABC's in isolation & combination Dance, movement through music & gymnastics Trampolining/gymnastics	Evaluating & recognising success through team games Basketball Netball	Dynamic movement through modified games Football Athletics Tennis/Cricket	Developing flexibility, speed, strength, power, technique, control & balance Athletics/Bat and ball games Rounders